

# Active Children Conference

## Friday 22nd November

21 workshops

22 exhibitors

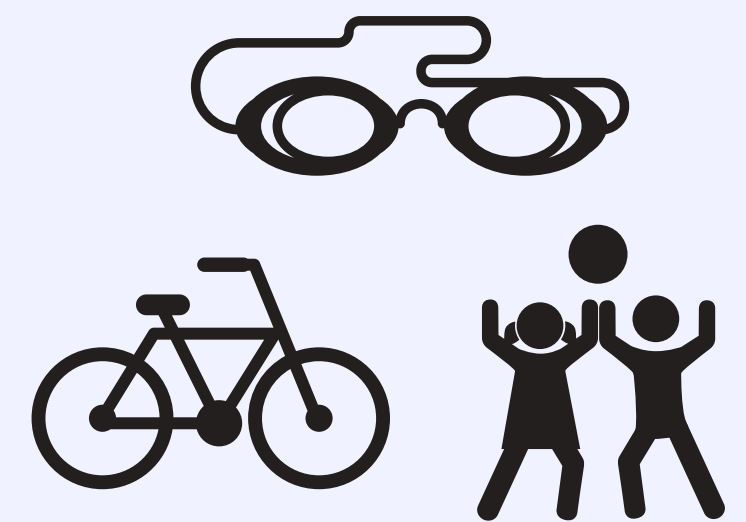
Over 130 delegates

Delegates rated their overall Active Children Conference experience an 8.8/10

### We asked you what our collective ambition should be for young people in Oxfordshire

Your 3 most popular answers were:

1. That every child can cycle and swim
2. For every child to do 60 active minutes a day
3. For every child to enjoy one element of physical activity



### You liked:



"The stalls provided, the amount and choice of workshops. Well organised, great venue, passionate speakers and informative!"

"The whole day catered for current issues and gave both myself & HoD a range of ideas to move forward with"

"Engaging, interesting and an opportunity to talk and share"

"Every workshop I attended was interesting and I feel that I will be able to use something practical from all of them"

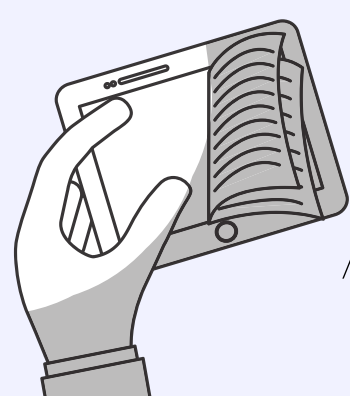
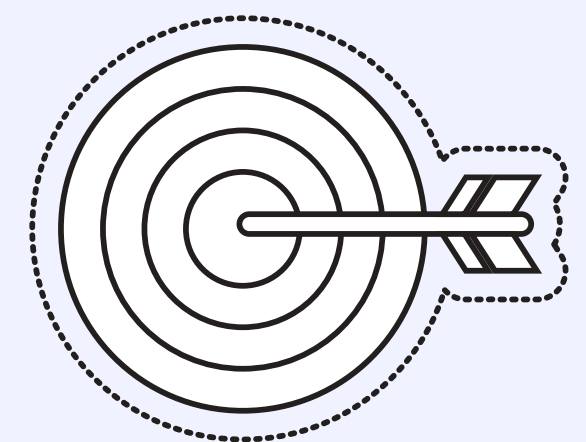
### The challenges:

Time, specifically the lack of, was a challenge for most delegates.

For Primary Schools, we have seen a rise in the number of schools using Active Lessons to build physical activity into other parts of the curriculum other than PE.

Other schools have also had success with active travel programmes such as 'WOW' <https://www.livingstreets.org.uk/products-and-services/projects/wow> which enables physical activity to and from school.

We would love to hear where your school has managed to build in physical activity in a tight timetable.



### To keep up to date:

Active Oxfordshire release a quarterly free e-magazine called 'Active Schools Magazine' Editions can be found here: <https://www.activeoxfordshire.org/active-schools-e-magazine>