Activity levels of whole population – May 16 – May 17

<table>
<thead>
<tr>
<th>Area</th>
<th>Inactive</th>
<th>Fairly Active</th>
<th>Active</th>
</tr>
</thead>
<tbody>
<tr>
<td>England</td>
<td>12.4%</td>
<td>25.6%</td>
<td>62.0%</td>
</tr>
<tr>
<td>Active Oxfordshire</td>
<td>11.1%</td>
<td>22.3%</td>
<td>66.6%</td>
</tr>
<tr>
<td>Cherwell</td>
<td>15.1%</td>
<td>24.8%</td>
<td>60.1%</td>
</tr>
<tr>
<td>Oxford</td>
<td>8.3%</td>
<td>18.8%</td>
<td>73.0%</td>
</tr>
<tr>
<td>South Oxfordshire</td>
<td>11.3%</td>
<td>25.2%</td>
<td>63.5%</td>
</tr>
<tr>
<td>Vale of White Horse</td>
<td>11.2%</td>
<td>19.0%</td>
<td>69.9%</td>
</tr>
<tr>
<td>West Oxfordshire</td>
<td>10.0%</td>
<td>24.9%</td>
<td>65.1%</td>
</tr>
</tbody>
</table>

Source: Sport England, Active Lives, May 16 to May 17, excluding gardening, 16+
Activity levels of whole population – May 17 – May 18

<table>
<thead>
<tr>
<th>Area</th>
<th>May 17</th>
<th>May 18</th>
</tr>
</thead>
<tbody>
<tr>
<td>England</td>
<td>25.2%</td>
<td>12.5%</td>
</tr>
<tr>
<td>Cherwell</td>
<td>61.2%</td>
<td>16.6%</td>
</tr>
<tr>
<td>Oxford</td>
<td>74.5%</td>
<td>16.3%</td>
</tr>
<tr>
<td>South Oxfordshire</td>
<td>70.9%</td>
<td>18.2%</td>
</tr>
<tr>
<td>Vale of White Horse</td>
<td>66.2%</td>
<td>10.9%</td>
</tr>
<tr>
<td>West Oxfordshire</td>
<td>66.7%</td>
<td>11.0%</td>
</tr>
</tbody>
</table>

Source: Sport England, Active Lives, May 17 to May 18, excluding gardening, 16+
Activity levels of whole population – May 18 – May 19

<table>
<thead>
<tr>
<th>Region</th>
<th>May 18</th>
<th>May 19</th>
</tr>
</thead>
<tbody>
<tr>
<td>England</td>
<td>63.2%</td>
<td>67.2%</td>
</tr>
<tr>
<td>Active Oxfordshire</td>
<td>24.8%</td>
<td>20.3%</td>
</tr>
<tr>
<td>Cherwell</td>
<td>24.1%</td>
<td>24.1%</td>
</tr>
<tr>
<td>Oxford</td>
<td>15.4%</td>
<td>12.5%</td>
</tr>
<tr>
<td>South Oxfordshire</td>
<td>12.2%</td>
<td>19.4%</td>
</tr>
<tr>
<td>Vale of White Horse</td>
<td>16.0%</td>
<td>17.6%</td>
</tr>
<tr>
<td>West Oxfordshire</td>
<td>9.0%</td>
<td>26.9%</td>
</tr>
</tbody>
</table>

Source: Sport England, Active Lives, May 18 to May 19, excluding gardening, 16+
Activity levels of whole population – May trends

Inactive

Active

Source: Sport England, Active Lives, May 15 to May 19, excluding gardening, 16+
# Change in Physical Activity levels

## Absolute Change (Nov 15/16 – May 18/19)

<table>
<thead>
<tr>
<th>Region</th>
<th>Active</th>
<th>Fairly Active</th>
<th>Inactive</th>
</tr>
</thead>
<tbody>
<tr>
<td>England</td>
<td>1.1% Significant increase</td>
<td>-0.3% Significant decrease</td>
<td>-0.8% Significant decrease</td>
</tr>
<tr>
<td>Active Oxfordshire</td>
<td>-0.5% No change</td>
<td>1.1% No change</td>
<td>-0.6% No change</td>
</tr>
<tr>
<td>Cherwell</td>
<td>-1.5% No change</td>
<td>2.0% No change</td>
<td>-0.5% No change</td>
</tr>
<tr>
<td>Oxford</td>
<td>-3.9% No change</td>
<td>3.1% No change</td>
<td>0.9% No change</td>
</tr>
<tr>
<td>South Oxfordshire</td>
<td>0.5% No change</td>
<td>2.5% No change</td>
<td>-3.0% No change</td>
</tr>
<tr>
<td>Vale of White Horse</td>
<td>0.8% No change</td>
<td>1.0% No change</td>
<td>-1.9% No change</td>
</tr>
<tr>
<td>West Oxfordshire</td>
<td>3.8% No change</td>
<td>-4.8% No change</td>
<td>1.0% No change</td>
</tr>
</tbody>
</table>

**Source:** Sport England, Active Lives, Nov 15 to May 19, excluding gardening, 16+

**Significant improvement**

**Significant worsening**
## Change in Physical Activity levels

### Change in the last 12 months (May 17/18 – May 18/19)

<table>
<thead>
<tr>
<th></th>
<th>Active</th>
<th>Fairly Active</th>
<th>Inactive</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>England</strong></td>
<td>0.9% Significant increase</td>
<td>-0.4% Significant decrease</td>
<td>-0.4% Significant decrease</td>
</tr>
<tr>
<td><strong>Active Oxfordshire</strong></td>
<td>-1.0% No change</td>
<td>-0.3% No change</td>
<td>1.3% No change</td>
</tr>
<tr>
<td><strong>Cherwell</strong></td>
<td>2.2% No change</td>
<td>-4.0% No change</td>
<td>1.9% No change</td>
</tr>
<tr>
<td><strong>Oxford</strong></td>
<td>-2.0% No change</td>
<td>2.9% No change</td>
<td>-0.9% No change</td>
</tr>
<tr>
<td><strong>South Oxfordshire</strong></td>
<td>-2.5% No change</td>
<td>1.3% No change</td>
<td>1.2% No change</td>
</tr>
<tr>
<td><strong>Vale of White Horse</strong></td>
<td>0.2% No change</td>
<td>-0.4% No change</td>
<td>0.3% No change</td>
</tr>
<tr>
<td><strong>West Oxfordshire</strong></td>
<td>-2.6% No change</td>
<td>-2.0% No change</td>
<td>4.6% No change</td>
</tr>
</tbody>
</table>

*Source: Sport England, Active Lives, May 17 to May 19, excluding gardening, 16+*