

# What does an active Oxfordshire mean to you?

Every adult and child having an equal chance at being active no matter what their circumstances

I would like to see more inclusivity in clubs so that they are welcoming and inclusive for people just starting out

Developing an active community where for the duration of their life in Oxfordshire they are supported to be physically active as part of a healthy, well life.

Giving as many young people as possible the opportunity to enjoy sport, gain purpose from this activity and be catalyst for fuller more satisfying life

Equality and access to all, promotion of and the embedding of positive routines around activity and education for all to support take up. All sectors on board with a joint strategy to enable change and sustainability.

Activity is an integral part of daily activities for all, from infrastructure for walking & cycling, linked to bus & railway. Physical activity supporting physical & mental health is available in all settings and community resources are accessible.

It means everyone having activity built in to their everyday lives. It means your first choice for getting around being on foot or by bike. It means everyone having access to green space nearby to relax and play in.

Everyone understands the role movement plays in helping everyone to stay healthy and well. Everyone has access to welcoming, inclusive and local opportunities to make movement an everyday part of our lives.

Supporting young people in being connected to their community and each other, being productive contributors to their community and healthy.

# What does an active Oxfordshire mean to you?

Activities everywhere which are easy to access, affordable & encourage active health to be part of daily life. Opportunities & engagement for children, young people & older residents to become network of leaders operating in their communities

Easy & affordable access for everybody to a range of activities, from entry level health walks to competitive sport. A more consistent funding approach which looks at leisure centres, pitch hire & social prescribing to enable access.

Where the opportunity to be active is universally available and accessible and where all people value and enjoy the feeling of good health

Disabled children and adults can access local community sports and wellbeing clubs and feel comfortable and able to do so.

Everyone in Oxfordshire is aware of the benefits of physical activity and is motivated to move more and if they are able, able to achieve levels of physical activity in line with recommended guidelines.

an inclusive active oxfordshire enhances wellbeing and for everyone

The development currently in Oxfordshire being used as a route to enable active travel between communities. New developments above a certain size (50 homes?) should be linked by walkways and cycle paths to local communities, schools, and towns etc.

Making more & maintaining greenspaces to encourage activity in the community. Having cycle/walking lanes. Offering more subscriptions or reduced fees for families who want to use local facilities. Giving everyone the same chance for being active

Sport is an enabler across society brings people together & creates opportunity. Making sport an attractive pastime we naturally attract people. Once attracted, we have to support their journey to a level of performance or involvement that suits them.

# What does an active Oxfordshire mean to you?

People of all ages, abilities and circumstance moving more everyday. Being active everyday becomes the norm; part of daily life, with greater incidental activity and Active Travel helping this. Cultural change needed to embed this change in society

An active Oxfordshire is breaking down the stigmas attached to certain sports and recreational activities. It's making sport accessible to all, it's finding every persons fitness passion.

Working together as "One Oxfordshire" to support residents to live fulfilling active lives in their own communities

For everyone, regardless of age, ethnicity, income or level of physical or emotional capacity, to be able to/ have support in accessing ways of being active that promote well being and bring pleasure.

Easy to access, free of judgement, opportunities to move more as part of every day

In ASC we have really valued the support Active Oxfordshire has offered older people who lack now confidence in physical everyday activity especially post lock down - learning to move around again within their local community with confidence.

Everyone has access to activity to help them keep active. Activity that is appropriate to their age, capability and means.

Everyone having opportunities to be active, regardless of who they are and where they live and that they feel safe and valued taking part in their chosen activity.

providing opportunities to people to give them more possibilities to enjoy improved health and wellbeing and to integrate more in their communities with shared interests

# What does an active Oxfordshire mean to you?

An area where people understand and value the benefits of being active and are enabled and supported to be.

For people of all ages to have the opportunity to participate in community based activities that promote health and well being through movement/sport and social contact

A county that provides everyone with the opportunity to be active. That helps them develop confidence to try new activities, engage in active travel. That encourages every individual to pursue activities that they can enjoy affordably or for free.

Important people are encouraged to make walking & cycling a part of daily life. Encourage use of parks, waterways & footpaths to exercise & appreciate nature. Encourage visually impaired & hard of hearing to join activities like Walking for Health.