

# Exploratory Workshop

## Giving all children & young people in Oxfordshire an active start in life

### Collective ambitions to achieve together

We want every child facing barriers to activity to learn to swim, ride a bike safely, and have 60 active minutes every day.



 [www.activeoxfordshire.org](http://www.activeoxfordshire.org)

### Co-designing a new collective framework for Oxfordshire

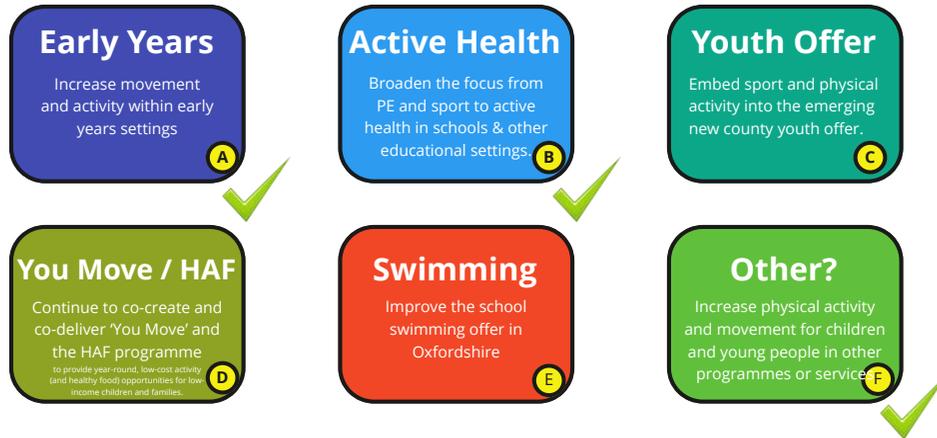
We're excited to announce that we are co-creating a new physical activity strategy for Oxfordshire. Join us and help ensure that every adult and child in our county has an equal chance for an active life.

**Working together across Oxfordshire to embed physical activity in everything we do**

# What do we need to do?



Chat in breakout groups on Zoom and **choose one of the following changes** that you agree will have **most impact** in helping to give all children & young people in Oxfordshire an active start in life.



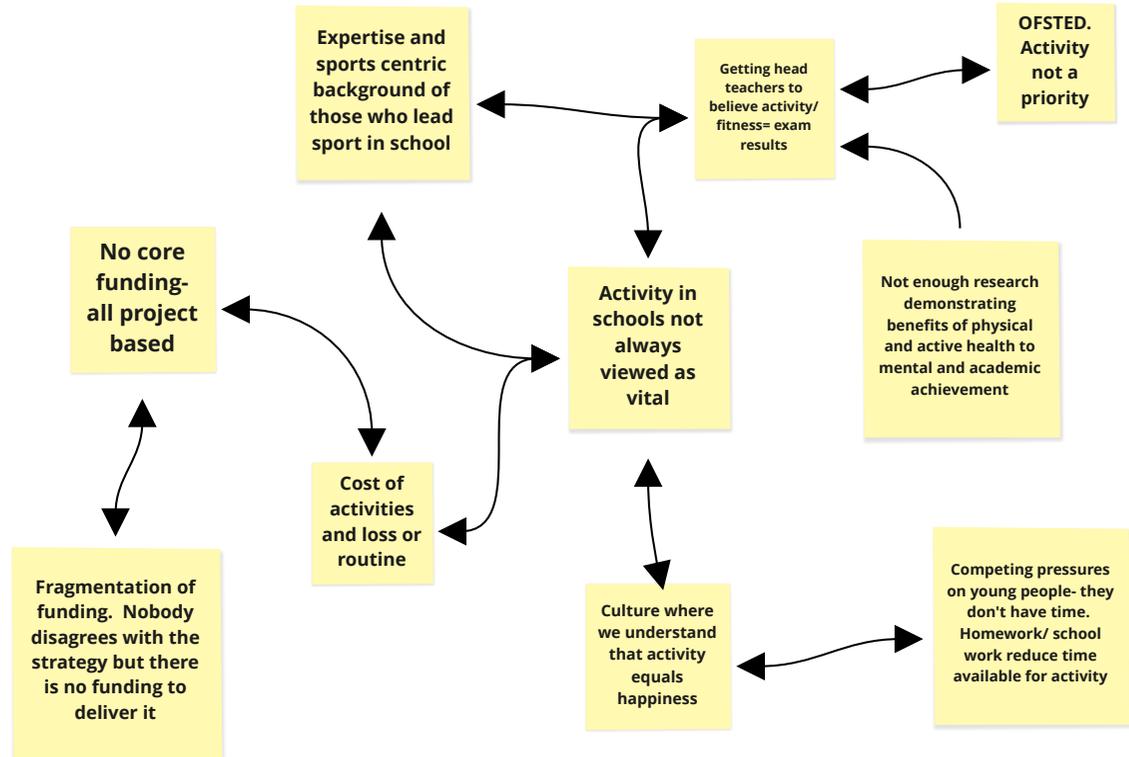
We want to explore what we need to work on together by looking below the surface at what gets in the way of our collective ability to give all children & young people an active start in life .

*The chosen changes are ticked.*

# What gets in the way?

## Active Health

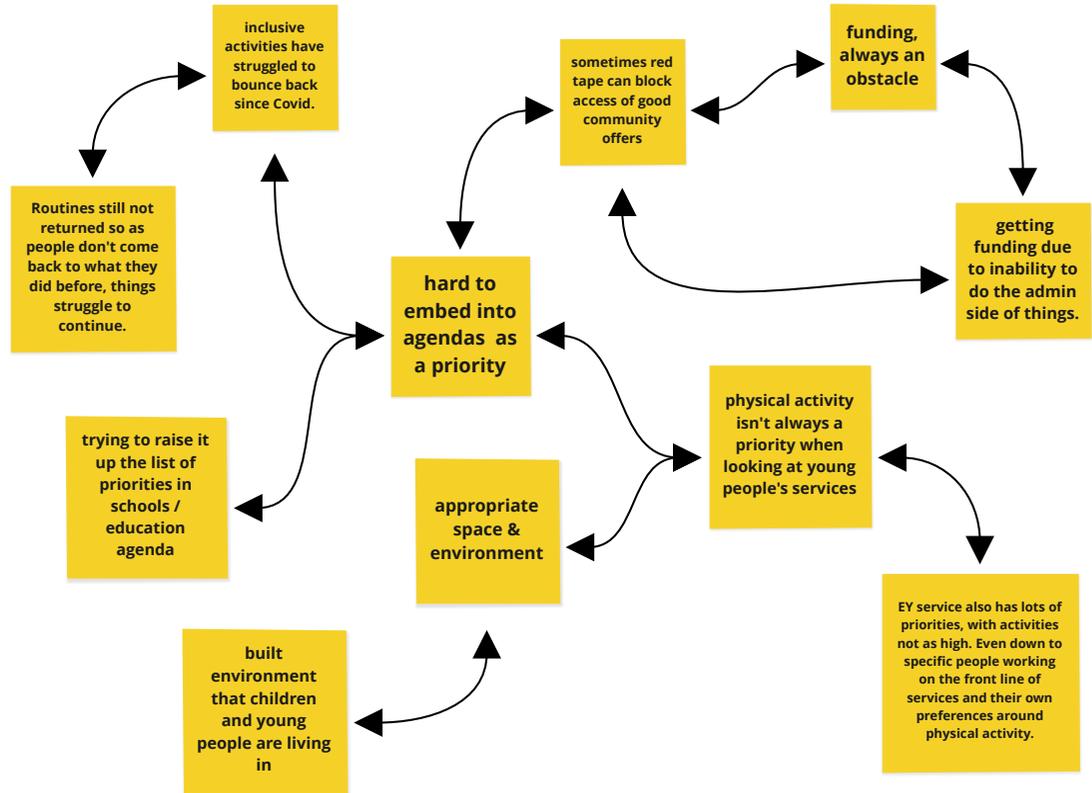
Broaden the focus from PE and sport to active health in schools & other educational settings. **B**



*This shows a selection of obstacles identified by the breakout group(s) to one of the chosen changes.*

# What gets in the way?

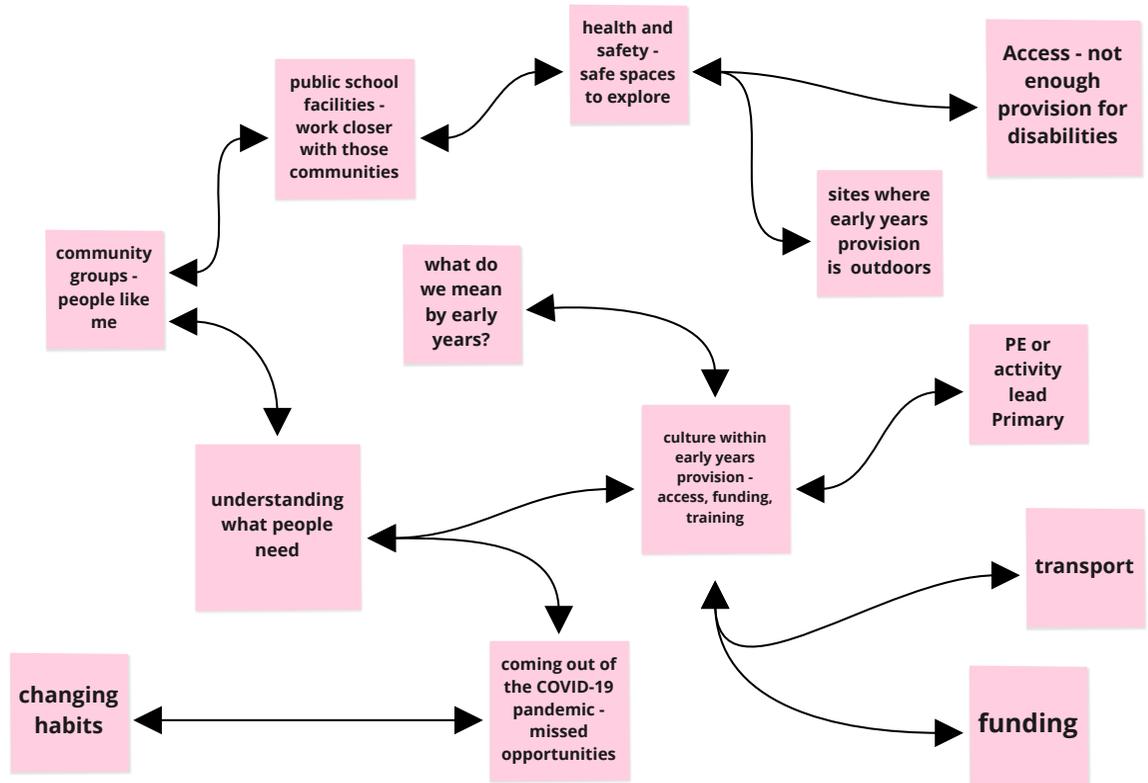
**Other?**  
Increase physical activity and movement for children and young people in other programmes or services. **F**



*This shows a selection of obstacles identified by the breakout group(s) to one of the chosen changes.*

# What gets in the way?

**Early Years**  
Increase movement and activity within early years settings



*This shows a selection of obstacles identified by the breakout group(s) to one of the chosen changes.*