

	Active every day (60 minutes or more every day) ¹		Active across the week (an average of 60 minutes or more a day but not every day) ¹		Fairly active (an average of 30-59 minutes a day) ¹		Less active (less than an average of 30 minutes a day) ¹	
	Population total	Rate (%)	Population total	Rate (%)	Population total	Rate (%)	Population total	Rate (%)
National	1,232,600	17.5%	1,808,100	25.7%	1,678,600	23.9%	2,309,000	32.9%
South East	182,800	17.5%	272,900	26.2%	256,700	24.6%	331,000	31.7%
Oxfordshire	18,600	21.2%	22,900	26.1%	20,400	23.2%	25,900	29.5%
Cherwell	3,900	21.8%	5,300	29.7%	3,900	21.9%	4,700	26.6%
Oxford	4,300	23.9%	4,100	22.6%	3,700	20.5%	6,000	33.0%
South Oxfordshire	*	*	5,600	28.5%	6,200	31.2%	5,600	28.6%
Vale of White Horse	4,400	25.1%	4,700	26.8%	4,000	22.9%	4,400	25.2%
West Oxfordshire	2,300	15.4%	3,300	22.7%	3,700	25.0%	5,400	37.0%