GO Active Juniors * June 2017 - May 2018

Encouraging families and children aged 0 - 18 to live more active lives

761 individuals engaged in GO Active Juniors activities
2,029 events and activity sessions attended
221 different courses, sessions and events were organised
10 instructors and volunteers delivered activities

11% 35-54
13% 20-34
15% 10-18
60% 0-9

1% over 55’s

64% female
36% male

761 individuals engaged in GO Active Juniors activities
2,029 events and activity sessions attended

11 schools engaged
7 towns and villages engaged
5 children’s centres engaged

60 MINUTES EVERY DAY
OF HEART PUMPING PHYSICAL ACTIVITY

92 families engaged with orienteering events
73 women engaged with Buggy Fitness sessions
35 families engaged with Real Play sessions

“Each week you learn something new and you have fun”
Junior Boxercise participant at Willowbrook Leisure Centre, Didcot

“Excellent, enthusiastic and positive coaching, staff were fantastic and really made it work”
Real Play participant at The Berin Centre, Berinsfield

“Thank you for providing yoga at South Moreton School, a wonderful experience to try something different!”
Specialist PE Teacher, South Moreton Primary School

Orienteering * Basketball * Yoga * Box Fit
Badminton * Junior Boxercise
Junior Joggers * Boxercise Circuits
Real Play * Buggy Fitness * Parent and Toddler Dance * Junior Gym
* Healthy Living Workshops

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