Network discussion points

1. How can our network meet the needs of everyone given the geography, different priorities, sectors of working, client groups etc.

Local Hubs (County) - example Solent mind. Sense of belonging, t-shirts and badges.

Champions – Volunteer, mind resources (tool kit)

Shared Learning – Case Studies/research, NOT REINVENTING THE WHEEL, support/resources sharing, Staff Exchanges.

Shared Goals – Culture Change (Mindset), Supporting each other, buddy systems/ pairing up

Gap Map – Create map to show any gaps

Co-production with people with lived experience
2. How should we measure the benefit and impact of this network?

- Share SE network upwards to show we are credible/effective
- Who is on what board sharing what the network is about
- Increased number of referrals
- KPI’s national Mind
- Monitoring Outputs (How?) Monitoring Outputs (which are varied)
- KPI’s national Mind
- Difficult to measure knowledge sharing
- Increased diversity and engagement to reflect local community
- Identify target areas based on insight
- Identify priorities by group and rank them
- Get information, insight, research out to partners
- Share Best practice which can be implemented locally
- Tools for measuring impact
Continued 2.
How should we measure the benefit and impact of this network?

- Number and range of partners
- Case Studies of projects, individuals, coaches (video)
- Infographics
- Capture work that comes of the back of network
- Mapping by County, region, demographic to identify gaps
- Showcase collaborative working
- How do we get the NHS more heavily involved?
3. How can this network benefit you/your organisation most?

<table>
<thead>
<tr>
<th>Connections</th>
<th>Different approaches, new projects in different areas, local area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inspiration</td>
<td>Identifying needs and areas where you can support others, terminology changes</td>
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<tr>
<td>BETTER SERVICE DELIVERY AND SUPPORT FOR CLIENTS</td>
<td>information for staff</td>
</tr>
<tr>
<td>Referrals</td>
<td>Supporting each other, knowing who to signpost to</td>
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<tr>
<td>Spread connections</td>
<td>across the South East/expand/ different locations for meet</td>
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4. What are the key challenges/ topics that you would like support with?

- Mental Health Training (What are the gold standards, so much available, which ones are the most appropriate for who?)

- Awareness of what each other are doing (need great comms!)

- Larger time frames for campaigns (always too rushed so benefits are not felt)

- People actually sharing good practice

- Making the most of the network

- Creating opportunities to come together
Everyone: What should our South East Mind Network vision be?

“Thriving” NOT Problems
Positive growth and development of physical and mental health (Health!)

“Create environment of great practice, shared learning and co-production”
(capturing experiences, shared learning, open, honest)

“Making the most of the opportunity to: connect, bring ideas, share challenges and learn and be inclusive”

“Working together being connected”