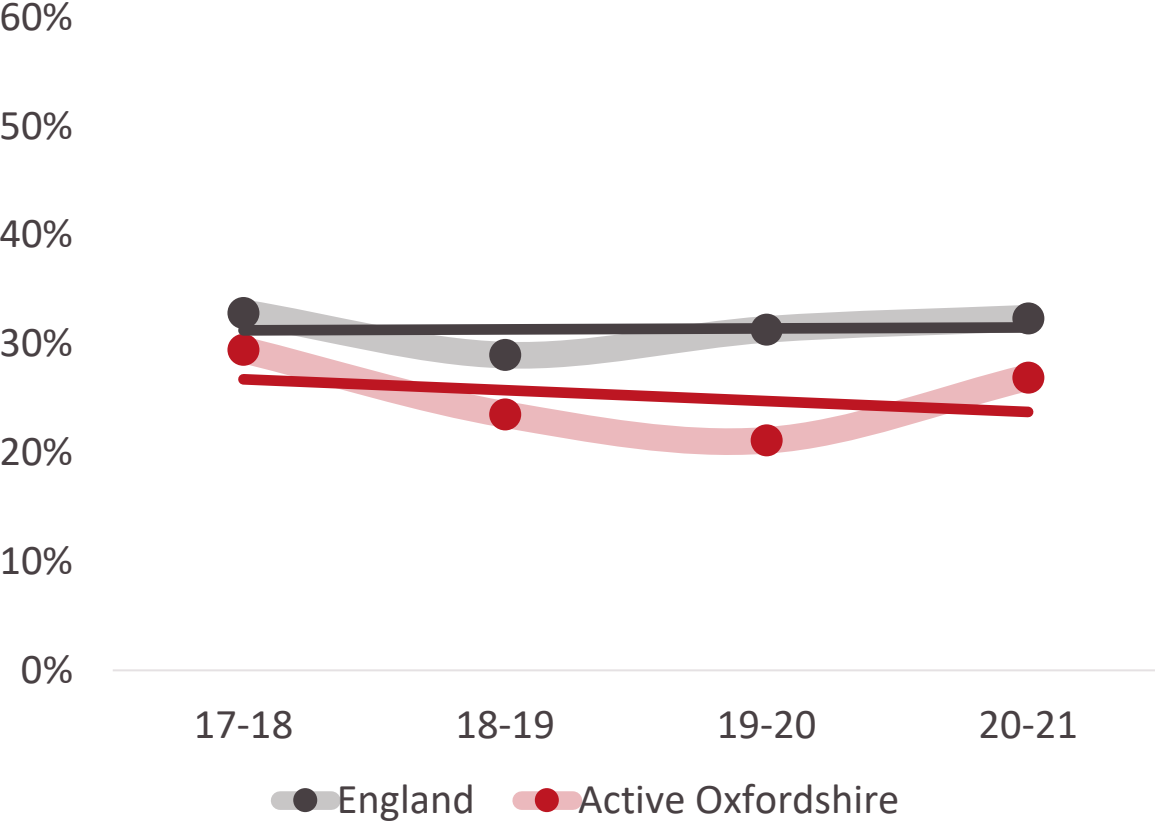


# Children & Young People Physical Activity Behaviour

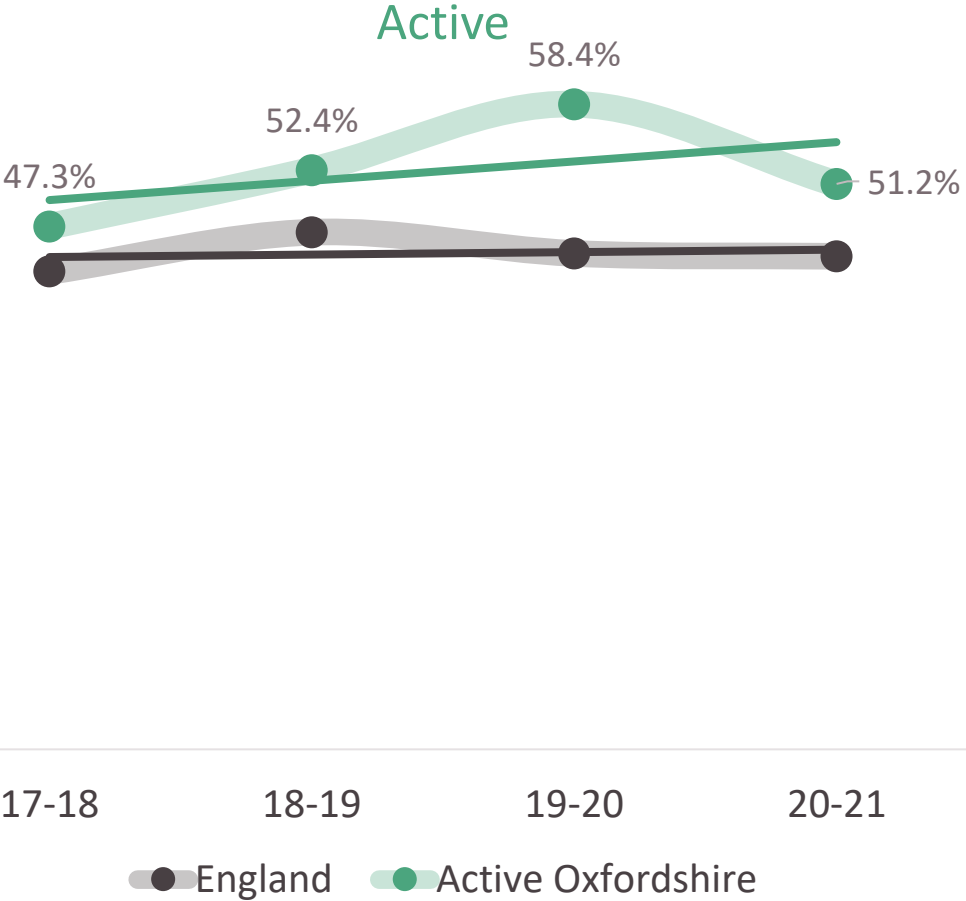


# CYP Activity levels of whole population – trends

Less active



Active



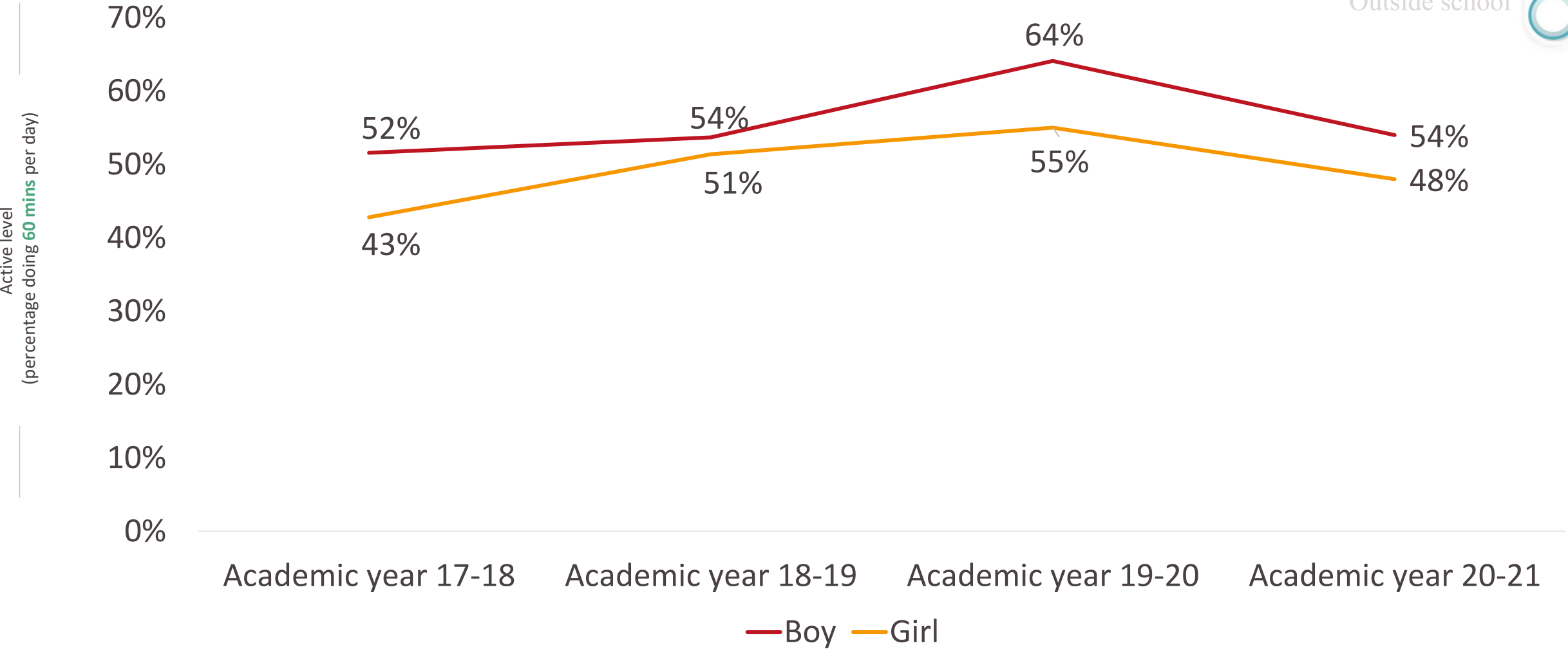
# Oxfordshire: The gap between boys and girls activity levels

Everywhere



At school

Outside school

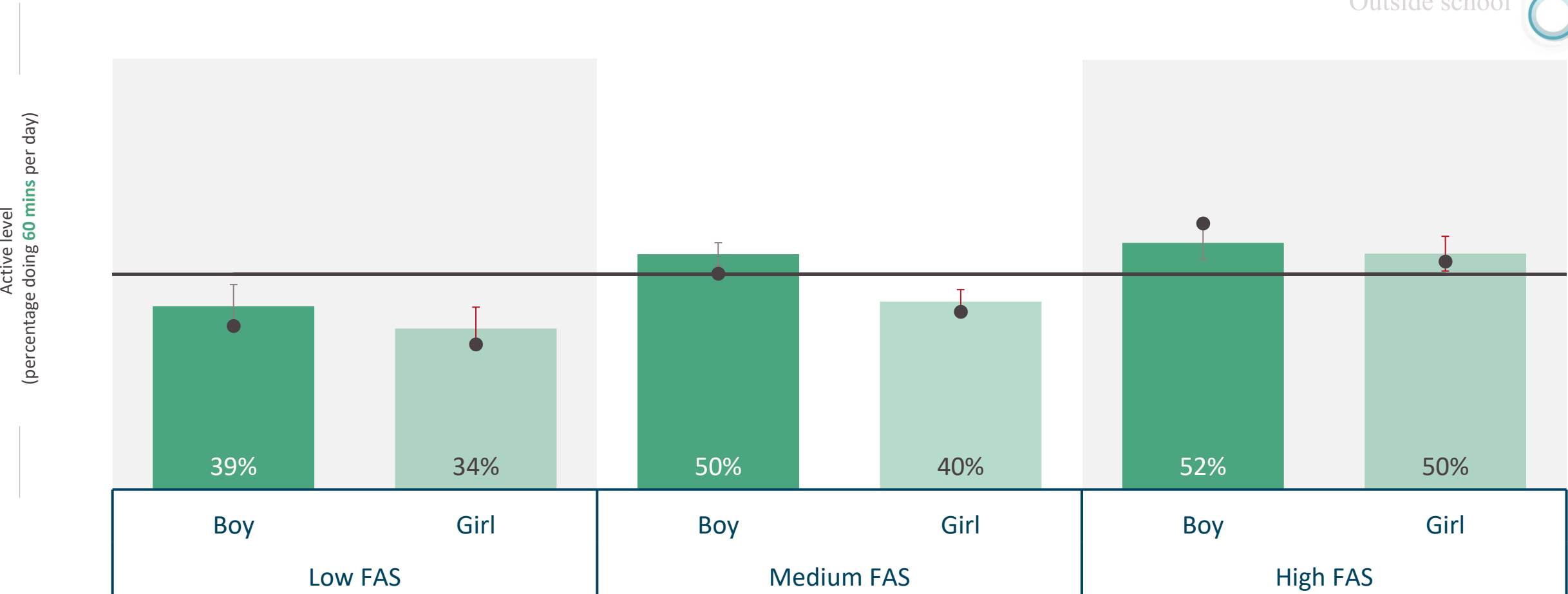


# The gap is across family affluence in years 3-6

Everywhere

At school

Outside school



• England



# And is experienced at school and outside of school - years 3-6

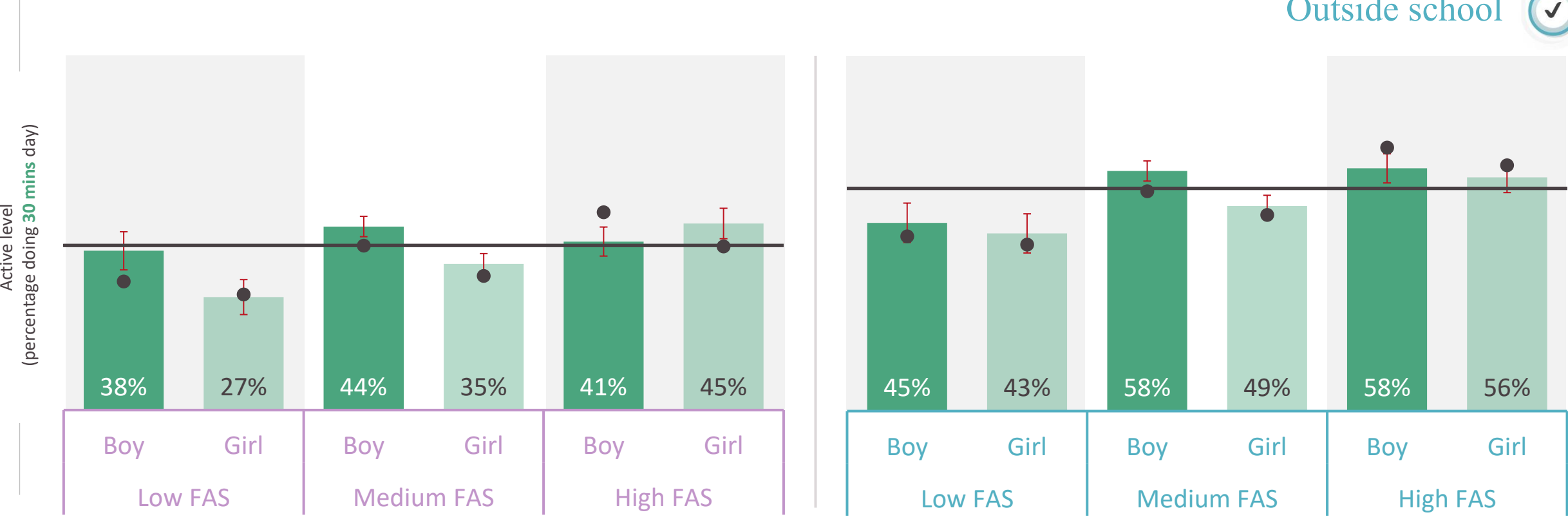
Everywhere



At school



Outside school

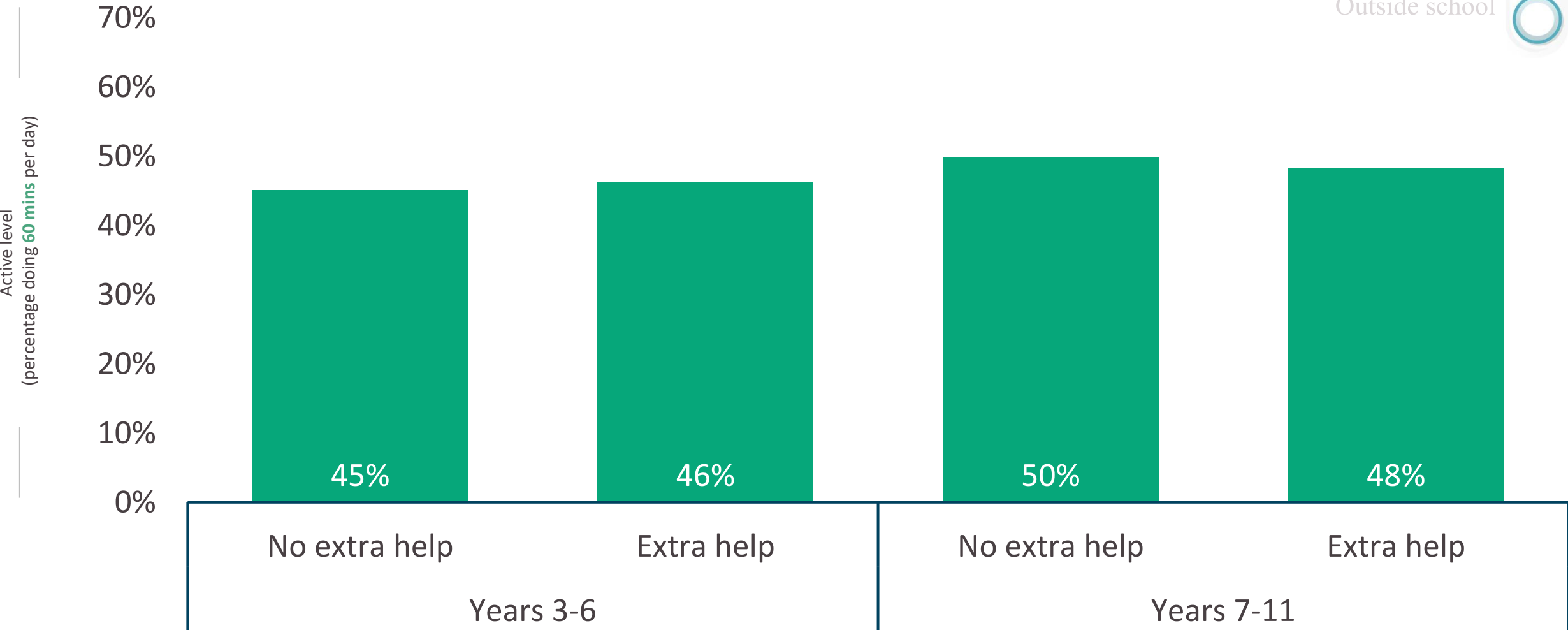


● England



# Oxfordshire: Activity levels by disability

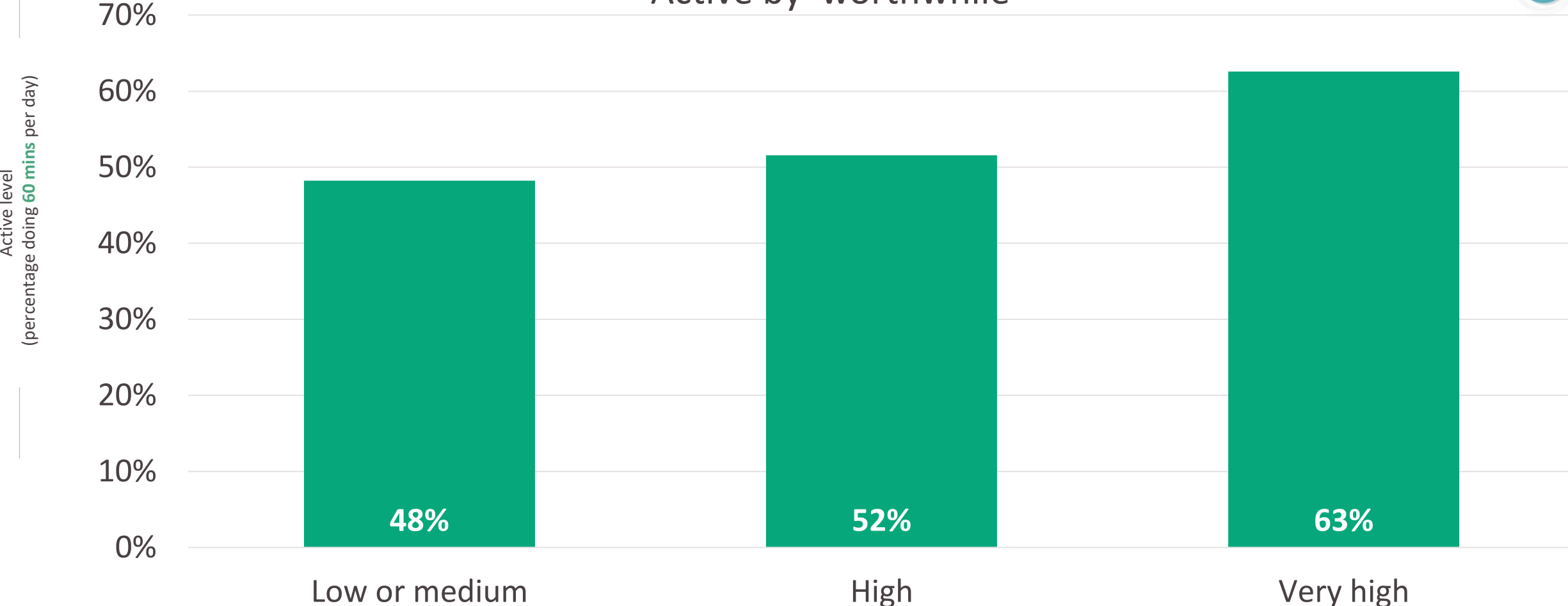
- Everywhere
- At school
- Outside school



# Active by wellbeing

- Everywhere
- At school
- Outside school

## Active by 'worthwhile'



# Summary

Almost half of children and young people still do not meet the CMO guidelines and **over a quarter are classed as less active**

- Oxfordshire figures are still better than national
- The latest 20/21 data shows 51% of children and young people in Oxfordshire are active
- The active rate is still higher (better) than the baseline (17/18, 47.3%), and better than England (44.6%)
- Boys find it easier than girls to be active
- Children and young people with a disability are likely to require further support to experience being active
- Higher levels of mental wellbeing are associated with higher levels of physical activity
- Children in low affluence families experience lower levels of activity