Sunrise has utilised funding from Active Oxfordshire to create a new weekly football provision for the young people in Banbury. Following the 2018 football world cup, young people were inspired to take up football. Sustainability has been built into the project by training youth workers and volunteers with FA qualifications and the young people will also have opportunities to take part in refereeing training that will build their confidence and offer part time employment opportunities.

“AS joined the group in September 2018. He is 14 years old, Pakistani Muslim heritage and attends a local secondary school. When he first joined the sessions, he lacked the self-confidence to cope in the group. After attending sessions regularly, he has changed, and he copes well with the dynamics of the session. He enjoys playing the 5 aside knockout football games we do every week. He benefits from being in the limelight while he is playing and then being part of the spectator group as they cheer on other teams. I would say that taking part in the football activities is definitely helping as build self-confidence and social skills with his peers.

Shaid Mahmood youth leader

“The football project has given Sunrise the chance to work with 35 BAME boys between the ages of 10 and 15. This is an age group we find more difficult to engage with and sport is a good way to do this and give the boys the chance to develop more healthy lifestyles. The project is also giving us the chance to build a stronger staff team by offering training in coaching and referee skills.

Assia Bibi
Project Manager
Sunrise Multicultural Project